

Pancake Day



Pancake Day in the United Kingdom.

This festival is on Shrove Tuesday, the day before Lent begins.

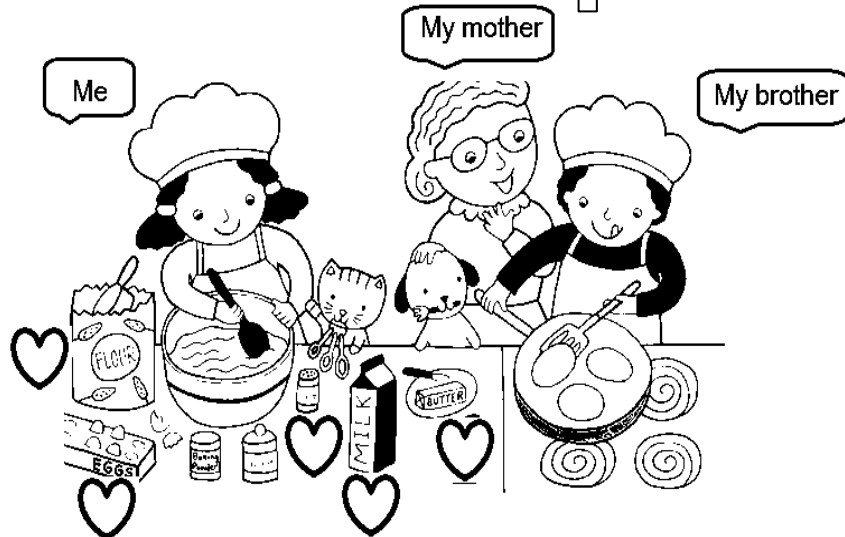
On this day, people make pancakes with flour, eggs, milk and butter and eat them with jam or lemon juice and sugar.

In some towns there are "pancake races": people run with a pancake in a frying pan and toss it three times without dropping it! They wear aprons and hats and have lot of fun!



Pancake recipe

3 eggs
250 g flour
1l milk
a pinch of salt
some butter



Put the flour in a bowl. Break the eggs into the flour and mix with a wooden spoon. Add a pinch of salt. Slowly pour in the milk. Whisk until the mixture is light and frothy. Pour in a spoonful of melted butter and stir. Leave to rest in the fridge for half an hour. Heat a drop of oil in a frying pan. Pour in one ladle of batter and leave to cook for one minute. Toss and leave to cook on the other side for another minute. Serve immediately with sugar and lemon juice, jam, chocolate, honey or maple syrup.