

# Make a minibook: cut each card and staple

## HEALTHY HABITS

BY \_\_\_\_\_

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1) I HAVE A  
SHOWER



2) I WASH  
MY HANDS



3) I CLEAN MY EARS



4) I BRUSH MY  
TEETH



5) I COMB MY HAIR



6) I WEAR CLEAN  
CLOTHES



7) I EAT FRUIT  
AND VEGETABLES



8) I SLEEP WELL

