

Make a minibook: cut each card and staple

HEALTHY HABITS

BY _____

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1) I HAVE A
SHOWER



2) I WASH
MY HANDS



3) I CLEAN MY EARS



4) I BRUSH MY
TEETH



5) I COMB MY HAIR



6) I WEAR CLEAN
CLOTHES



7) I EAT FRUIT
AND VEGETABLES



8) I SLEEP WELL

